

# JAMES OWEN DUBÉ, BSc, BSW, MSW, RSW

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## PROFILE

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- A forensic mental health clinician working primarily in sexual and intimate partner violence. Holds a Bachelor of Social Work from University of Victoria, a Bachelor of Science from Dalhousie University, and an MSW from University of Waterloo. Facilitates a group for male-identified perpetrators of intimate partner violence and a group for male-identified victims of sexual abuse offered online and in-person. Offers individual, trauma-specific therapy to adults and youth of all genders who use or experience violence. A clinical member of the Association for the Treatment of Sexual Abusers.

## EXPERIENCE

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- **Clinic Manager** (2019-present, paid employment)  
**Case Manager** (2016-2019, paid employment)  
**Intern** (2015-2016, BSW practicum)  
The Peoples' Counselling Clinic  
*Since 2015, I have held progressive roles at The Peoples' Counselling Clinic (registered as a society in 2017).*
  - Provide direct Social Work services in forensic mental health and pro-bono counselling services.
  - Conduct assessments and complete reports for criminal Justice and family court proceedings.
  - Supervise interns and other clinicians in monthly case management meetings.
  - Maintain daily operations of clinic, including direct supervision of interns.
  - Liaise with community members and professionals, staff and NGO partners, members of the media, academics, and others (including local university administration, Justice and law enforcement personnel, Department of Community Services staff, and addictions and mental health professionals).
  - Collaborate with other professionals and paraprofessionals to develop new services, promote referrals and ensure integration of services.
  - Develop logic models, theories of change, and other evaluation and promotional materials.
  - Provide case management for clients from contexts including deviant sexual behaviour and victimization, intimate partner violence, mental health, addictions, child welfare, adult and youth criminal justice.
  - Develop and facilitate groups related to sexual trauma and gender.
  - Complete new intakes for ManTalk and pro-bono counselling clinic.
- **Trafficking and Exploitation Services Systems Regional Working Group Member**  
(January 2020-present, unpaid civic involvement)  
YWCA Halifax  
*"A Turning Point for Women"*
  - Collaborated with various providers of direct services to develop a protocol for working with victims and survivors of human trafficking from initial disclosure to intervention.

- Mapped local resources for working with victims and survivors and identified gaps in services.
  - Completed training on context and language, best practices, and risk assessment.
- **Practicum Student** (May 2018-December 2018, MSW Practicum)  
Nova Scotia Health Authority  
*“Healthy People, Healthy Communities— for Generations”*
  - Worked primarily in intensive care unit and emergency department.
  - Completed psychosocial assessments.
  - Navigated patients to appropriate geriatric, mental health and addiction services within Nova Scotia Health Authority and IWK Health Centre.
  - Provided support for family members and caregivers.
  - Completed referrals to community agencies and provide information about community resources to patients and families.
  - Facilitated end-of-life conversations, assist with personal directives and substitute decision maker selection.
  - Completed suicide risk assessment.
  - Reported cases requiring adult or child protection services.
  - Collaborated with Continuing Care and facilitated arrangements for home supports for patients, family and caregivers.
- **Youth Care Worker** (2016-2017, paid employment)  
HomeBridge Youth Society  
*“Health, Safety, Harmony”*
  - Followed currently recognized best practices in residential youth care.
  - Wrote reports and corresponded with Social Workers, police officers, and medical professionals to ensure continuity of care.
  - Connected with young people and family members who are resistant to developing relationships.
  - Collaborated with team members to provide effective therapeutic relationships between youth and caregivers.
  - Provided suicide intervention, non-violent crisis intervention, and other supports when required.
- **Trauma Informed Care Working Group Member** (2015-2016, unpaid civic involvement) IWK Health Centre  
*“Creating a safe and secure trauma informed working environment”*
  - Discussed issues in physical environments and procedures that are traumatizing to patients, family and staff.
  - Viewed practice issues and solutions using a patient and family-centred lens.
  - Provided feedback on documents used to guide professionals in becoming trauma informed at interagency and systems levels.
- **Practicum Student** (2015, BSW practicum)  
**Shift Worker** (2015-2016, paid employment)  
Alcare Place  
*“We are a not-for-profit organization dedicated to the rehabilitation of addicted persons with a commitment to recovery”*
  - Facilitated groups and developed counselling skills.
  - Assisted participants in transition planning.

- Fostered working relationships with other agencies.
  - Completed new intakes.
  - Directed new and potential participants to community resources.
- **Public Advisory Group Member** (2014-2016, unpaid civic involvement)  
Nova Scotia Health Authority  
*“Central Management Zone Addictions and Mental Health Program Public Advisory Group”*
  - Engaged members of the public in discussions surrounding issues in addictions and mental health treatment.
  - Advised executive leadership team on solutions to issues experienced by people accessing services.
  - Offered feedback on websites, programs, and public engagement processes.
- **Student Representative** (2014-2016, unpaid student government involvement)  
University of Victoria  
*“Between October and April all student representatives across the country teleconference with a faculty member to share ideas and to discuss issues pertaining to the student body”*
  - Acted as point of contact for students facing challenges.
  - Discussed challenges students face and relevant improvements to policy.
  - Piloted course in alternative self-care practices for Social Work students (designed by faculty).
  - Initiated a mentoring program for incoming students.
- **Ideafest Planning Committee Member** (2014-2015, unpaid student involvement)  
University of Victoria  
*“Indigenous Social Work in a Neoliberal Era”*
  - Collaborated with other students and staff to make logistical arrangements for the School of Social Work to be represented at Ideafest.
  - Prepared and submitted artwork for the event.
  - Selected and invited panelists to share.
- **Science and Math Tutor** (2014, paid employment)  
Schooltutoring.com  
*“Affordable home tutoring programs designed for busy families”*
  - Explained complex concepts to students facing barriers to learning.
  - Assisted children in mathematics and science courses.
  - Prepared students for standardized testing.
  - Mentored children with different needs.

## **EDUCATION**

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- **Master of Social Work** (2019)  
University of Waterloo
- **Bachelor of Social Work with Distinction** (2016)  
University of Victoria
- **Bachelor of Science with Honours in Neuroscience** (2005)  
Dalhousie University

- **Professional Development** (ongoing)
  - Sexual Harm, Trauma, and the Healing Journey (Shambhala)
  - Halifax Domestic Violence Court Programme (panel speaker, Canadian Domestic Violence Conference 6)
  - Assessing Parenting Capacity (Robert S. Wright, MSW, RSW)
  - Intimate Partner Violence Risk Assessment: Implications for Women's Safety (NSACSW, Jacquelyn Campbell, PhD, RN, FAAN)
  - Let's Unpack the Man Box (panel speaker, Sexual Health Awareness Week, Dalhousie Student Health Promotion)
  - Trauma Informed Care Education Event (IWK)
  - NVC, ASIST
  - Client-centred Mental Health and Addictions Systems (NSCSW/CASW, Todd Leader, RSW)
  - Supporting Survivors of Sexual Violence (DCS)
  - Developing Capacity to Respond to Intimate Partner Violence Situations (CASW, Rina Arseneault, C.M., MSW, RSW)
  - Acting as Allies to Women Counter Storying their experiences of Sexual Violence. (CASW, Rina Arseneault, C.M., MSW, RSW, Sue McKenzie-Mohr, PhD, MSW, RSW)
  - Trauma Informed Practice in Nova Scotia (BCCEWH)
  - Halifax Restorative Justice Conference 2015 (CJS)
  - Intimate Partner Violence and BDSM (NCSF)
  - Suicide Awareness and Intervention (CTRI, Tricia Klassen, MSW, RSW)
  - Standard First-aid and CPR Level C with AED
  - Mental Health First-aid

#### **SCHOLARSHIPS AND AWARDS**

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- Anita Allardice Lancaster Scholarship (\$1,900)  
*"A scholarship is awarded to a full-time student who is entering year four in the School of Social Work. Academic standing and participation in university or community affairs will be considered".*
- Chancellor's Scholarship (\$28,000)
- Laing Undergraduate Student Research Award (~\$6,000)
- Warr Undergraduate Student Research Award (~\$6,000)
- NSERC Undergraduate Student Research Award (~\$6,000)
- Governor General's Academic Medal (2001)

#### **ACTIVITIES**

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- **Clinical Member** (2020-present), Association for the Treatment of Sexual Abusers
- **Registered Social Worker** (2018-present), Nova Scotia College of Social Workers
- **Social Worker Candidate** (2016-2018), Nova Scotia College of Social Workers
- **Student Member** (2015-2016), Nova Scotia Association of Social Workers
- **Member** (2015-2016), Youth Project Ally Network
- **Volunteer** (2014-2015), Daily Bread Outreach Program
- **Volunteer** (2003-2005), Scouts Canada